



Usage Precautions & Inspections

Usage Precautions

- Avoid using high-pressure water directly on the bearing.
- Minimize the removal of adapter bushings from the crankarm; if necessary, remove them from the inside of the bottom bracket.
- Avoid using corrosive agents or highly degreasing agents on the surfaces.
- Never use carbon paste with our products.
- All connecting parts must be greased.
- Adverse weather conditions or muddy terrains can shorten the intervals between inspections and reduce product lifespan.
- We recommend conducting regular visual inspections to identify early signs of wear, such as accumulated dirt, leaks, or damage to the cranks or external components.
- The bottom bracket is designed to be maintenance-free, requiring no greasing or internal adjustments. Opening the bearing may compromise its functionality and void the warranty.

Maintenance

Regular inspection:

This simple check should be performed regularly to assess the bearing's condition. It ensures its correct functioning throughout the entire training session and prevents further damage.

Frequency:

- MTB or Wet Climate: Every 1,500 km.
- Road or Dry Climate: Every 3,000 km.

Inspection steps:

- **Preparation:** Disengage the chain from the system, leaving the crankset and cranks free from the rest of the transmission.
- **Spin test:** Evaluate the bearing's movement according to the following criteria:
 - **Smooth spin without noises:**
The system operates correctly without any noise or resistance. It can continue to be used without the need for any intervention.

- **Roughness, noises, irregularities or lockups:**
The bearing needs to be replaced. Contact an authorized seller to ensure a proper replacement.